

Room 5 Newsletter

Week of 09/25/23-09/29/23

Flower and Pizza Snack Assignments

Bring flowers on Monday and pizza Snack on Thursday please

09/25- Brendan Cauley (*no pizza snack, half day*)

10/02- Ellis Sandersius

10/16- Sultan Hashimi

10/23- Luna Lee

Laundry and Dish Duty Reminders

September Laundry: Erin Thompson

September Dishes: Bushra Aryan

October Laundry: Briyana Humphries

October Dishes: Missy Lee

Messages from Miss Maria

- **Half-Day-** Due to conferences, **September 22 & 29 will be half days for students with an extended day and half-day contract.** Students with an **all-day contract** may choose to either leave early or stay their contracted hours. I do like to point out that the children do notice that some of their peers leave while they stay and can get upset about this. If your child is staying, it would help to explain at home. There is no instruction time as I will be in and out of conferences. This means that ALL kindergarteners that stay will be sent to the nap area at 12:30. They will need a nap bag sent with: a fitted sheet, small blanket, and travel-size pillow.
- **No Pizza-** As a reminder, Pizza Fridays only apply to regular Fridays. Pizza is not offered on Fridays that fall on a half-day.
- **Picture Day-** Picture Day for the Primary students will be on Wednesday, Sep. 27th. Our classroom is assigned to take pictures at 9:40 AM.
- **Classroom Garden-** This week some of the children assisted with planting seeds, starter plants, and flowers into our classroom garden. We hope we are able to have a great harvest later this year, please wish us well! We'd like to give a special thanks to our volunteers for helping to put this together! We'll be sharing a picture on our homeroom app.

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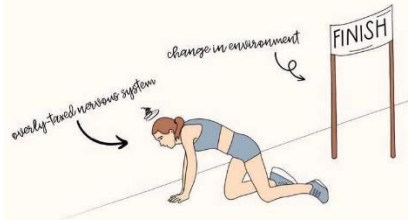
It's common for families to share that their child will share little to nothing about their school day at home or having a hard time settling after school. I recently came upon a wonderful illustration explaining a term called "restraint collapse" along with a very helpful analogy. It explained it so wonderfully and I thought it would be helpful to share:

this is
your kid
after school.



@BURROWMAMA

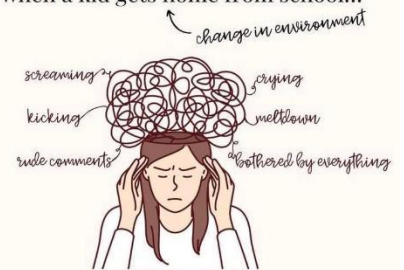
restraint collapse happens when there is a change in the environment and our nervous system is overly-taxed.



have you ever seen a marathon runner collapse after a race? that's *restraint collapse*.

@BURROWMAMA

after school restraint collapse happens when a kid gets home from school...



and has no *restraint* left (because they used it all up at school!)

overly-taxed nervous system

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what we need here...
(water, snack, rest, connection)



...isn't all that different from what we need here
(water, snack, rest, connection)



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after school restraint collapse survival guide



hydrate + healthy snack



warm greeting



no questions



sensory opportunity

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Week of 09/25/23-09/29/23

Parent's Night Out!

MS. MARIA'S CLASS
WEDNESDAY, OCTOBER 11TH AT 5:30PM

BLANCO TACOS + TEQUILA - BILTMORE FASHION PARK
2502 E. CAMELBACK RD. #122 PHOENIX, AZ 85016

PLEASE RSVP TO ZEINA REINBOLDT BY FRIDAY, OCTOBER 6TH
(602)686-4663 OR ZEINAREINBOLDT@GMAIL.COM

- Did you notice Margo is hosting a monthly meeting for parents wanting to learn more about the Montessori philosophy? Wednesday Muffins with Margo! Last Wednesday of the month starting NEXT WEEK! 8:30-9:15. There's so much to learn about the Montessori style of teaching, I highly recommend parents take advantage of this opportunity!
- Parents of 6th, 7th and 8th Graders – SAVE THE DATE - Villa Montessori Middle School is hosting a special 6th – 8th grade parent-only screening of the documentary: The Upstanders is this Tuesday, September 26, from 6:30 – 8:15 PM Dayspring Arcadia Church, 3530 N. 32nd Street, Phoenix, AZ 85018
- Dine-Out for Villa

September is here! Vig Arcadia, Genuine, and Campo Italian will be giving 15% back to Villa, simply by mentioning our name when you dine! ALL MONTH LONG! 🥗🍕🍞
There's also a \$500 gift card bonus for the school that raises the most!!

- Villa's Trunk or Treat will be Oct 28th and you will be asked to volunteer at this family fun event! This is not a fundraising event and we will need many parents to participate!
[Here's the sign up link!](#)

IMPORTANT DATES

September 26th - Tuesday - School Picture Day - Elementary

September 26th - Tuesday - Cyberbullying Parent Meeting 6:30 PM Dayspring Arcadia Church

September 27th - Wednesday - School Picture Day - ECC and MS

September 29th - Friday - Primary through E2 - Early Release 11:30 AM - Goal Setting Conferences, Circle can stay

October 4th - 6th Wednesday - Friday - Middle School Land Lab 1

October 9th - 13th, Monday - Friday FALL BREAK!

October 17th - Tuesday - Picture Makeups

October 18th - Wednesday - Vision and Hearing Screening

October 24th - Tuesday - Peter Piper Pizza Dine Out for Villa

October 27th - Friday - Early Release 11:30 AM, Infants and Toddlers Closed ALL DAY

October 28th - Saturday - Trunk or Treat 4PM - 8PM Villa Elementary Field

October 30th - November 3rd Monday - Friday Scholastic Book Fair

November 2nd - Thursday - Middle School Intro Night

November 7th - Tuesday - E1 Intro Night

November 10th - Friday - School Closed in honor of Veteran's Day

November 15th - Wednesday - PTO Gratitude Breakfast

November 16th - Thursday - Vision & Hearing Testing - Makeups

November 16th - Thursday - E3 Intro Night

November 22nd - 24th - Wednesday - Friday - ALL SCHOOL CLOSED for Thanksgiving Recess